



ALDINGA BAY  
SURF LIFE SAVING CLUB

# Aldinga Bay Surf Life Saving Club

## 2023-24 Junior Parents' Handbook

Version #1 - September 2023



*My heroes aren't the kind that save the world,  
but they did save my life.*

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## **WELCOME TO ALDINGA BAY SURF LIFE SAVING CLUB.**

To all new members we extend a warm welcome to you and look forward to getting to know you throughout the season. To our returning nipper families, welcome back, we are excited to have you join us for another season.

The information in this handbook is designed to assist you through the 2022/2023 season and answer any questions you may have regarding how we run our Junior Program.

### **NEW MEMBERSHIPS**

Although membership growth is a key objective, the club reserves the right to cap Nipper numbers to ensure our duty of care obligation is met. Existing members will be given first option to renew membership, with new member acceptance considered based on age group numbers and resourcing. Applications may be placed on a waiting list in the interim.

### **WHY NIPPERS?**

From a Surf Club's point of view, the majority agree the involvement of children in Surf Lifesaving is aimed at learning surf safety and surf skills and of course, increasing Senior membership and Patrol involvement at a later stage. Did you know that 86% of elite Iron Persons have come from Nipper ranks? 83% of children join Nippers because of family involvement or their friends are involved or because they live close by. Children most like making friends, catching waves and swimming. So why do parents encourage children to be in Nippers?

Most parents' state:

1. To learn important skills, resuscitation, surf safety.
2. To have fun with other children.
3. To benefit and enjoy surf competitions, teamwork and sportsmanship.
4. To enjoy a fit and healthy lifestyle

### **MISSION STATEMENT**

***To provide a safe, caring environment where children can develop their surf lifesaving and competitive skills whilst enjoying the experience.***

## PHILOSOPHY

1. That all involved in the club (children, parents and helpers) have the right to enjoy the experience and this enjoyment should not be at the expense of any other member
2. That children should be encouraged to participate and compete to the best of their ability.
3. A child's best is good enough and improvement should be seen as the primary goal. If improvement is seen as a way to win, more children can gain from competition.

Example: A child may come first in a race yet not produce his/her best. A child may have come last, yet this may be the first time the child has completed the event. Under certain criteria the child who came first was a winner. If improvement is the primary goal, then the child who completed the course for the first time, yet coming last, also a winner.

4. Children should be encouraged to participate with a high level of sportsmanship. Skills coaching and competition should never promote or tolerate cheating.
5. No child is more important to the Club than another and no child or family deserves preferential treatment over any other. There is only one class of membership.
6. All competition should contain a skill development component. There is no sense in a child practicing mistakes. Coaches and helpers should set out to improve a child's skill and knowledge every time he competes.
7. Competition is only part of Junior Activities and should not receive an excessive amount of available time especially at the expense of appropriate lifesaving skills development as outlined in the awards program.
8. No child should be placed under excessive or unrealistic pressure (by coaches or parents) to perform in competition.
9. Fun (not to be mistaken for fooling around) is a key goal. Every activity should have an enjoyment component.
10. Discipline and correction is based on the philosophy that it is the action that is wrong and that needs modification not the person.

Example: "John, throwing sand is not something Nippers do. Please stop now." Is correcting the inappropriate action. "Stop that, you disruptive little grub" is correction based on personal attack.

Competitions, Lifesaving Knowledge, Skills Development and Sportsmanship. In an environment of sun and cooperation

The key philosophy and emphasis is for nippers to enjoy the experience in the hope that one day they will patrol our beach. When children enjoy their sport, team spirit and friendship translate to success at the competitive level. While everyone enjoys success, we work hard to ensure that it is never at the expense of enjoying their nipper experience.

Our goal is to ensure that by the time the juniors are ready to graduate from Under 13's, they are ready to undertake their Surf Rescue Certificate and have a strong desire to continue into senior ranks. We hope that your child enjoys Nippers so much that they and you share our goal. We also believe that the discipline of preparation for the saving of lives will help in the moulding of your child's character.

## **DUTY OF CARE**

Duty of Care is a principle established in civil law in which one person owes another the duty to take reasonable care for the other's safety and wellbeing. A Duty of Care is owed to every Aldinga Bay Surf Life Saving Club Nipper by Surf Life Saving South Australia, the Aldinga Bay Surf Life Saving Club and its officials including the Age Group Leaders.

The Duty of Care exists at all times that the Official/Team Member relationship exists e.g. at training, when competing at other clubs' beaches, when on camps, in accommodation or travelling. The test currently used by Courts is that an official must not only avoid potential injury creating activities, but also take such positive measures that are in all circumstances reasonable to prevent injury.

A breach of Duty of Care will occur if an official fails to act in accordance with the standards required in a given circumstance. The standard will vary according to such factors as the age and experience of the Nipper, the nature of the activity, the nature of the environment in which the activity takes place etc.

Officials should be aware of the dangers and risks that are likely to face Nippers involved in an activity and take steps to adequately supervise and minimize those risks. Following the acceptance of a role as a team official, that official should provide the standard of care expected of a competent leader for that activity. It is expected that an official accepting such a role would observe the standards of safe practice established by community bodies knowledgeable in that activity.

## **HEAT POLICY**

In keeping with the club's duty of care we have a heat policy based around the SLSSA and Sports Medicine Australia guidelines. If at the Bureau of Meteorology website ([www.bom.gov.au](http://www.bom.gov.au)) forecasts Saturday's maximum temperature at Noarlunga as;

- > 33°C – Tiny Tots (U6/7) will do water-based activities only
- > 35°C – Tiny Tots (U6/7) will be cancelled, all other age groups will do water-based activities
- > 37°C – all age groups cancelled

Decision will be made at 4pm Friday and communicated on the club Facebook page / via text if cancelled.

## **SAFEGUARDING CHILDREN & YOUNG PEOPLE**

Aldinga Bay SLSC is committed to the safety & wellbeing of every child and young person who takes part in our activities, programs, events and services.

The Club's Child Safe Officer's (CSO's) :

Male: Chris White 0401939770  
Female: Lilian Fowles 0414 342 933

The following members are currently Club Reporting Officers who have undertaken training from Surf Life Saving South Australia.

Ashley Sanders 0418 823 244  
Simon Rothwell 0417 812 619  
Ray Tomlinson 0419 840 445  
Jodie Pain 0400 997 767

In addition, you may contact the  
Child Abuse Report Line (CARL):131478  
Police: 131444

Any member, including Nippers, who witnesses or are subjected to any incident which they feel is inappropriate or makes them feel uncomfortable in any way should discuss that matter with one of the Club Reporting Officers above.

All parents who assist with Nippers in any capacity, whether mandatory or voluntary, are required to apply for a Volunteer Working with Children Check. This process is free of charge to volunteers via the DHS Screening Unit. For further information on how to obtain this free check please see: <https://screening.sa.gov.au/>

All parents who assist with Nippers are also required to undertake the free online 'Safeguarding Children & Young People' training offered by SLSA. You can undertake this via the SLSSA Members Portal: <https://members.sls.com.au> If you do not have your own member account, please create one accordingly.

From the 'eLearning' page, select 'Training Library' from the top right menu. Then select 'SLS – Safety and Wellbeing'. This will then open the 2 Safety and Wellbeing courses. You are welcome to undertake both courses, but the one relevant for this purpose is the 'SLS – Safeguarding Children and Young People Awareness Course'

For further information, please see: <https://sls.com.au/safeguarding/> or contact the Junior Coordinator or one of the CSO's.

# SAFEGUARDING CHILDREN & YOUNG PEOPLE – COMMITMENT STATEMENT



## **CHILD SAFE COMMITMENT STATEMENT**

### **Our Club:**

#### **Aldinga Bay Surf Life Saving Club**

- is committed to the safety and wellbeing of every child and young person who takes part in our activities, programs, events or services
- is committed to providing children and young people with a positive and nurturing experience
- will support families and the community to promote the healthy development and wellbeing of all children
- will strive to ensure that children and young people are protected from abuse and harm
- will work to create an environment in which children and young people are safe and feel safe at all times
- will listen to children and young people and address any concerns that they raise with us
- will support our members and the community to report any suspicion, or concern in relation to the mistreatment, or potential mistreatment, of a child or young person will challenge inappropriate behaviour of any of its members or members of the community
- will ensure all children and young people, no matter what cultural ethnicity, language, religion or disability, shall be able to participate in surf lifesaving in a fun and safe environment will appoint a Member Protection Information Officer, or equivalent, and ensure this person is trained on the obligations and responsibilities with respect to safeguarding children and young people
- will strive to ensure that persons in a position of authority do not harm, abuse or exploit children or young people who are involved within our club
- may not ask for consent to disclose information to police or an external child protection agency in the event we have concerns about the safety or wellbeing of a child or young person.

As part of our commitment to keeping children and young people safe, our club:

- is committed to supporting parents and carers to protect their children and young people
- will offer assistance that builds on a family's strengths and make up, is sensitive to their culture and religious beliefs and empowers them to meet the changing needs of their children and young people
- is committed to communicating honestly and opening with parents and carers about the wellbeing and safety of their children and young people
- will promote and distribute information to parents and carers about our child safe commitment to children and young people as part of an introduction to our club
- endeavours to be transparent in our decision-making, with parents and carers, as long as doing so does not compromise the safety of a child/young person or breach the SLSA Privacy Policy.

**This commitment was approved and endorsed by our club on:**

**Club President**

Signature .....

Name ..... **Nathan Amos**

Date ..... **Thursday 24th August 2023**

**Club Secretary**

Signature .....

Name ..... **Tiffany Scadden**

Date ..... **Thursday 24th August 2023**

## **COST INVOLVED IN BEING A NIPPER**

<b>2023/24 Season Junior Membership</b>	\$280 / 1 child + 1 parent \$345 / family (2 adults + 2 children at same address)- \$10 per extra child
Hi-Vis vest	\$30 (mandatory for all age groups except Tiny Tots)
Tiny Tots Rashie	Provided by the Club during the Nipper sessions
Club Cap	\$20 (mandatory)
Club Bathers	Available via order
Club Rash Vest	\$50 (long sleeve)
Broad Brimmed Hat	\$25.00
Surf Education material	Provided by club
Competition	Included in membership fees

\* Clothing pricing is subject to change per supplier cost.

On-line Delfina Club uniform shop openings will be announced on social media – bathers, towels, bags, hoodies and t-shirts may be purchased through here.

## **NIPPER TRAINING**

Training days are the foundation of all junior activity. Whether it is award training, the learning of basic surf skills or training for competition, training days are a time of great activity.

Aldinga Bay Surf Life Saving Club trains weekly, both at the pool and at the beach as follows:

### **POOL TRAINING**

Day: School terms Thursday evening

Time: 6:00pm ~ 7:00pm

Venue: Noarlunga Aquatic Centre

Swim training is conducted under the tutelage of accredited Level 1 coaches. NOTE: This is not learn to swim lessons but is swim training designed to improve the swimming skills of proficient swimmers. The minimum requirement to attend this is ability to swim 25m unaided.

This training is voluntary, and parents are responsible for paying pool entry, but the coaching comes at no cost.

### **CLUB TRAINING**

Saturday Nippers Training 2-4pm (2-3.30 for tiny tots)

Additional Beach, Board and Carnival training occurs during the season – dates and times will be advertised to members.

All children are encouraged to enter the water and learn basic surf skills. Parental involvement is very important to encourage those children who are not so confident into suitable, safe water-based events.

Nippers is not a child-minding service and all parents are expected to attend and assist at every Saturday's beach training session.

Surf has strict requirements for Water Safety at Nippers training sessions. For Nippers who have passed their basic proficiencies (see below) a 1 Bronze/SRC : 5 Nippers ratio applies. For Tiny Tots and those Nippers from all age groups who have not yet completed their basic proficiencies the ratio is 1:1. Parents who are not proficient with a Bronze Medallion or Surf Rescue Certificate cannot act as water safety but will be welcome to undertake one of the other myriads of tasks required to make the training session successful. Parents can also undertake a Nippers Water Safety Award which will allow them to provide water cover at a 1:3 ratio for proficient Nippers up to waist depth.

Parents are required to sign their child or children on and off with the age group leader at the start and end of the training session. When signing off, their parent or their pre-arranged nominee must be



present and advise the age group leader of their intention to take their child. The child is to remove their cap, thereby indicating that they are no longer in the care of the Surf Life Saving Club.

### **BEACH TRAINING REQUIREMENTS**

ABSLSC mandates “Sun-Smart” protection with each Nipper required to bring the following equipment to the club for each training day.

- Long sleeved rash top (Club top preferred) to be worn under Hi-Vis vest
- Aldinga Bay Skull Cap
- Bathers (club preferred), no board shorts
- Wide brimmed hat
- Swim goggles (optional - recommended)
- Beach Towel
- Drink bottle filled with water.
- Sunscreen applied

### **USE AND CARE OF EQUIPMENT**

Training and competition equipment is very expensive both to purchase and repair. Nippers are only permitted to use club equipment that is deemed by SLSSA as appropriate to their age group and then only when it is under the agreement and supervision of their age group leader.

U6 & U7 (Tiny Tots)	Small Foam Boards
U8, U9 & U10	Fin Foam Nipper Boards
U11, U12 & U13	Short Fibre Glass Nipper Boards

Boards should be carried, not dragged. They must be laid fin up on the grassed area adjacent to the patrol deck and washed in fresh water and returned to the board rack at the completion of usage. All nippers must have a signed board agreement before they can use the boards. Board agreement is at the end of this handbook.

### **PARENTAL INVOLVEMENT**

Parental involvement is an important value of our club and in particular Nippers.

Age Group Leadership, Assistants, and Fundraising are general activities in all junior sports; however, surf lifesaving gives parents the additional opportunity to achieve personal qualifications and goals in addition to supporting their children and contributing to the club in general.

The Nipper program cannot operate as a childcare service and requires at least one parent in attendance during Nipper training activities, for personal support and assistance with the running of the program.

Parents, as registered financial members, are covered by insurance during all club activities.

Parent members are invited to gain their Surf Rescue Certificate (SRC) or Bronze Medallion to become a Water Safety Officer, of which we need one for every 5 juniors. Only qualified and proficient members are allowed in the water for insurance reasons.

Officials are also needed at carnivals to assist running the events. The qualification is gained by a simple test for rules and practical experience. Courses for coaching are also available through the SLSSA. Any committee person will assist if you are interested.

Non active awards are also available for Resuscitation, First-Aid, Advanced Resuscitation and Radio Officer.

Aside of formal lifesaving qualifications, parents are also encouraged to actively support or become age group leaders, which in turn can release Bronze medallion holders for water cover.

Other volunteer roles required by Parents are assisting with the Nippers BBQ each Saturday which is an integral part of fundraising for Juniors. The club also run BBQs at Bunnings a few times a year and need assistance for these also.

Another way to help the club is by being involved in fundraising events such as the nipper pool catch up, chocolate drive. Participating in as many fundraising events as possible ensures the successful running of our club both now and in the future.

### **SURF EDUCATION & AWARDS**

Surf Education is designed to teach children surf safety and prepares them for further learning opportunities in senior Surf Life Saving including Bronze Medallion, Resuscitation and First Aid.

The Surf Education curriculum is described within the Age Managers handbook and is continually assessed by the Age Group Leader. Once all assessment criteria has been met, the candidate's name is forwarded to Surf House formalizing the award.

A child that joins the club at an age higher than U8 will be fast tracked through the content of lower level to their current age level.

Aldinga Bay Surf Life Saving Club will follow the Surf Education Program as follows:

<b>Age Group</b>	<b>Surf Education Standard</b>
Under 6	Surf Play 1
Under 7	Surf Play 2
Under 8	Surf Aware 1
Under 9	Surf Aware 2
Under 10	Surf Safe 1
Under 11	Surf Safe 2
Under 12	Surf Smart 1
Under 13	Surf Smart 2 + Resuscitation

Aldinga Bay SLSC conduct a modified U6 / U7 (Tiny Tots) program. Unfortunately, with the one-on-one water cover requirement mandated by Surf Life Saving SA, water-based activity will be limited pending resources.

Criteria for nomination for SLSSA Nipper of the Year award are available from SLSSA. Nominations are made by the Junior Committee.

Criteria for ABSLC nipper club awards are based on competency, sporting ability and results, participation and attitude and are agreed by the Junior Committee.

The following preliminary evaluation must be undertaken prior to commencing any junior water activity, training or competition. It can be undertaken in any water environment (ocean, pool).

More information on preliminary evaluations and surf education can be found on the SLSSA website:

[https://www.surflifesavingsa.com.au/s/Nipper-Program-Evaluations-and-Surf-Ed-awards\\_2023-24.pdf](https://www.surflifesavingsa.com.au/s/Nipper-Program-Evaluations-and-Surf-Ed-awards_2023-24.pdf)

### Stage One: Under 6, Under 7, Under 8

Aquatic Play and Fundamental Aquatic Skills (FAS)

Recommended depth of safe aquatic environment – 1 metre

	<b>Under 6</b> (DOB 1/10/2017-30/09/2018)	<b>Under 7</b> (DOB 1/10/2016–30/09/2017)	<b>Under 8</b> (DOB 1/10/2015–30/09/2016)
Flotation	Back or front float for a minimum of 5 seconds, recover to stand.	Back or front float for a minimum of 10 seconds, recover to stand.	Back or front float for a minimum of 15 seconds, recover to stand.
Submersion	Submerge to touch the bottom with hands.		
Propulsion	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.	From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.	Swim on front any stroke (distance 20 metres) followed by swim underwater (distance 2-3 metres).

### Stage Two: Under 9, Under 10, Under 11

Applied aquatic skills

Recommended depth of safe aquatic environment – 1.5 metres

	<b>Under 9</b> (DOB 1/10/2014–30/09/2015)	<b>Under 10</b> (DOB 1/10/2013–30/09/2014)	<b>Under 11</b> (DOB 1/10/2012–30/09/2013)
Flotation	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.		Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum of 2 mins.
Submersion	Submerge to touch the bottom with hands.		Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.

### Stage Three: Under 12, Under 13, Under 14

Junior/trainee lifesaver – pathway to SRC

Recommended depth of safe aquatic environment 1.8 metres

	<b>Under 12</b> (DOB 1/10/2011 – 30/09/2012)	<b>Under 13</b> (DOB 1/10/2010 – 30/09/2011)	<b>Under 14 (SRC)</b> (DOB 1/10/2009 – 30/09/2010)
Flotation	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.		
Submersion	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.

## COMPETITIONS AND CARNIVALS

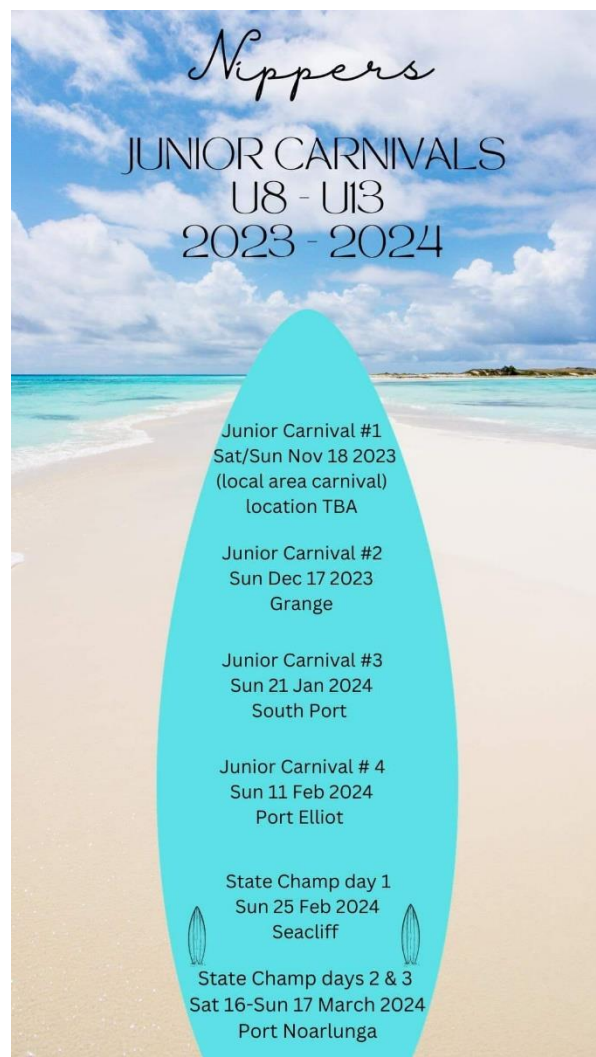
Aldinga Bay SLSC encourages participation in competition to achieve and maintain high levels of fitness and for the promotion of the Surf Lifesaving movement, however, competing is not mandatory. Junior Carnivals are for U8 – U13 and are all listed on the SLSSA Calendar:

<http://www.surflifesavingsa.com.au/calendar>

There are 4 carnivals for season 2023/2024 and then STATE TITLES (only nippers who have competed in carnivals can attend State Titles) and any Nipper who wishes to compete will be given every opportunity to do so. SLSSA requires competing nippers to have completed their preliminary proficiency for beach events and an additional ocean/open water swim.

Nippers are expected to act in a manner becoming a member of Aldinga Bay SLSC and to follow any reasonable instruction from an age group leader or other club official attending that carnival. Information regarding conduct of junior carnivals including detailed description of events is held at the club and is also contained in the Surf Life Saving Competition Manual. The information also includes codes of conduct for fair play, parents, coaches, helpers, players, officials, spectators and administrators

If you have any questions regarding competitions and carnivals, please discuss them with the Junior Coordinator.



### Junior Activities Competition Skills Evaluation

AGE GROUP	COMPETITION EVALUATION
U6	Nil
U7	Nil
U8	Nil (no water competition, except for wade which takes place in waist-deep water)
U9	Minimum 150m open water swim (any recognised stroke)
U10	Minimum 150m open water swim (any recognised stroke)
U11	Minimum 200m open water swim (any recognised stroke)
U12	Minimum 200m open water swim (any recognised stroke)
U13	Minimum 200m open water swim (any recognised stroke)
U14	Minimum 200m open water swim (any recognised stroke)

Note: in SA U8s can compete in water competition but need to complete a 150m open water swim to be able to participate in board and swim events.

## **JUNIOR COMMITTEE MANAGEMENT**

In accordance with the club's constitution, a Junior Activities committee is formed annually from persons interested in the wellbeing of junior members. The Annual General Meeting for the election of committee members is held at the ABSLSC club rooms in advance of the club AGM.

Meetings are scheduled one evening a month and the committee reports back to the Board of Management. New committee members are always welcome!

A notice of the AGM will be advertised in the monthly Club Newsletter, on the club Facebook page and also on the club notice board.

### **JUNIOR COMMITTEE**

Junior Coordinator:	Chris White juniormanager@aldingabayslsc.onmicrosoft.com
Vice Junior Coordinator	VACANT
Secretary:	Jessica Mason
Treasurer	Benn Thomas
Clothing Coordinator:	Monja Plagemann
Competition Officer:	Nathan Bennett, Alicia Scadden, Clare Ellis
Fundraising Coordinator:	Janet Steegh
BBQ Coordinator:	Gail Degeut
Junior Gear Steward:	Nathan Bennett, Jason Russell
Water Safety Supervisor:	Mark Pearce

Members: Bobby Scadden, Mo Pawero, Luciana Bucater

## **2023 - 24 NIPPERS SEASON PROGRAM**

Saturday 7<sup>th</sup> October - 1pm-3pm Registration Day

Saturday 21<sup>st</sup> 8ctober – 2 to 4pm Nippers Orientation Day @ The Club

Saturday 28<sup>th</sup> October – Nippers Pool Evaluations – 2-4pm @ Stateswim Seaford

Saturday 18<sup>th</sup> December – Nippers Xmas Fun Day

Saturday 25<sup>th</sup> December and 2<sup>nd</sup> January – no nippers, Christmas break

Junior Club Champs – TBA

Final Fun Day – TBA

Junior Presentations - TBA

## **2023 – 2024 AGE GROUP LEADERS**

Please note that Age Group Leaders can change throughout a season as these are volunteer roles.

Age Group Manager Mentors – Lilian Fowles & Benn Thomas

<b>Age Group</b>	<b>Age Group Manager (AGM)</b>	<b>Age Group Assistant (AGA)</b>
Tiny Tots (U6/U7)	Ben Waters	Claire Prest, Grace Baldock, Bek Hammond
Under 8	Thomas Barnes	Alex Graham, Rob, Prest, Grace Ellis
Under 9	Bobby Scadden	Alicia Scadden, Alisa Veal, Aldo Spaumer, Hayley Rochford, Blake Russell
Under 10	Tan Tran	Justin Noble, Agatha Bucater-Negrelli
Under 11	Giuliano Negrellie	Jane Wait, Evie Serafin
Under 12	Nathan Bennett	Laki Kondylas, Noah Graham, Meka Hutton
Under 13	Amy Neville	Alex Pearce

If you would like to contact any of the Age Group Leaders, please liaise through the Junior Coordinator in the first instance. If you are interested in becoming an Age Group Leader, please also contact the Junior Coordinator.

# Board of MANAGEMENT



## PRESIDENT

**Nathan Amos**

m: 0425 323 065

e: [president@aldingabayslsc.onmicrosoft.com](mailto:president@aldingabayslsc.onmicrosoft.com)



## VICE PRESIDENT

**Simon Rothwell**

m: 0417 812 619

e: [vicepresident@aldingabayslsc.onmicrosoft.com](mailto:vicepresident@aldingabayslsc.onmicrosoft.com)

Photo  
coming

## SECRETARY

**Tiffany Scadden**

m: 0402 615 211

e: [secretary@aldingabayslsc.onmicrosoft.com](mailto:secretary@aldingabayslsc.onmicrosoft.com)

To be filled

## TREASURER

**Vacant**

m: TBC

e: [treasurer@aldingabayslsc.onmicrosoft.com](mailto:treasurer@aldingabayslsc.onmicrosoft.com)



## JUNIOR MANAGER

**Chris White**

m: 0401 939 770

e: [juniormanager@aldingabayslsc.onmicrosoft.com](mailto:juniormanager@aldingabayslsc.onmicrosoft.com)



## SURF SPORTS OFFICER / FACILITIES MANAGER

**Peter Symons**

m: 0413 316 328

e: [surfsportsmanager@aldingabayslsc.onmicrosoft.com](mailto:surfsportsmanager@aldingabayslsc.onmicrosoft.com)

e: [facilitiesmanager@aldingabayslsc.onmicrosoft.com](mailto:facilitiesmanager@aldingabayslsc.onmicrosoft.com)



## CLUB CAPTAIN'S

**Clare Neylon** m: 0411 382 226

**Andrew Bedford** m: 0435 597 644

e: [clubcaptain@aldingabayslsc.onmicrosoft.com](mailto:clubcaptain@aldingabayslsc.onmicrosoft.com)

ALDINGA BAY SLSC

ALDINGA BAY SURF LIFE SAVING CLUB

P.O. Box 269, Aldinga Beach 5173 | ABN 62 263 545 980 | [www.aldingabayslsc.com.au](http://www.aldingabayslsc.com.au)

# Club OFFICERS



ALDINGA BAY SLSC

## APPAREL OFFICER

**Vacant** Currently seeking position to be filled.

## BOAT CAPTAIN/WH&S

**Peter Symons** m: 0413 316 328 e: facilitiesmanager@aldingabayslsc.onmicrosoft.com

## COMMITTEE PERSON

**Vacant** Currently seeking position to be filled.

## CRAFT CAPTAIN (BOARD AND SKI)

**Brenton Neville** m: 0414 312 871 e: nevs9195@hotmail.com

## FIRST AID OFFICER

**Tiffany Scadden** m: 0402 615 211 e: secretary@aldingabayslsc.onmicrosoft.com

## GEAR STEWARD / VEHICLE OFFICER

**Andrew Bedford** m: 0435 597 644 e: andy.bedford04@gmail.com

## GRANTS OFFICER

**Vacant** Currently seeking position to be filled.

## IRB - INSHORE RESCUE BOAT CAPTAIN

**Scott Axton** m: 0421 349 961 e: axton5@adam.com.au

## PUBLICITY OFFICER

**Vacant** Currently seeking position to be filled.

## RADIO OFFICER

**Andrew Bedford** m: 0435 597 644 e: aldingabayslsc.onmicrosoft.com

## REGISTRAR

**Vacant** Currently seeking position to be filled.

## SPONSORSHIP / FUNDRAISING OFFICER

**Kerryn Amos** m: 0411 113 888 e: sponsorship@aldingabayslsc.onmicrosoft.com

## TRAINING OFFICER

**Andrew Meyer** m: 0407 714 910 e: aldingabayslsc.onmicrosoft.com

## VEHICLE OFFICER

**Vacant** Currently seeking position to be filled.

## VICE CAPTAIN

**Ray Tomlinson** m: 0419 840 445 e: rtomlin63@adam.com.au

## WORK, HEALTH AND SAFETY OFFICER

**Vacant** Currently seeking position to be filled.

## YOUTH DEVELOPMENT / SAFEGUARDING CHILDREN OFFICER

**Lilian Fowles** m: 0414 342 933 e: youth@aldingabayslsc.onmicrosoft.com

ALDINGA BAY SURF LIFE SAVING CLUB

P.O. Box 269, Aldinga Beach 5173 | ABN 62 263 545 980 www.aldingabayslsc.com.au



## **SLSA MEMBERS PORTAL**

The members' portal is a great way to keep up with information from Surf Life Saving SA. You can track your patrol hours, check your club membership (renewals can also be done via the portal), keep updated with news and information and you can also undertake all theory training in relation to SLS and a lot of it is free! To access the members portal, please click on the following link:

[https://members.sls.com.au/SLSA\\_Online/modules/login/index.php](https://members.sls.com.au/SLSA_Online/modules/login/index.php)

If you are already a member, you can login from this page. If you do not have a members account, you can create one from this page.

Please note, you must be a member of a surf club to create an account.

There are also many policies and procedures located in the Members Portal Document Library such as:

- Member Protection Policy
- Social Media Policy
- Privacy
- Photography Plus, many more

## **NIPPER FORMS**

The following pages contain nipper specific forms over and above the registration form:

- Media Form: only required if you do not agree with dot point 8 of the standard membership declarations
- Health Form: only required if a nipper has health requirements that will impact on their activities at nippers
- Board Agreement: mandatory for all nippers U8-U13 to use a board for nipper training.
- 2022 State Government Sports Voucher

Please note that the health and media consent forms will not be followed up by the club. It is the responsibility of the parent/guardian to provide this detail if it is required.

No nipper from U8 – U13 will be able to use a nipper board if they have not had a board agreement completed.

# ALDINGA BAY SLSC - Media Form

**PLEASE NOTE that in accordance to the SLSA MEMBERSHIP APPLICATION AND DECLARATION you have signed to be a member of SLSA and the Aldinga Bay Surf Life Saving club, you have acknowledged and agreed to the following:**

8. Use of image: I consent to the relevant SLS Organisation(s) of which I am a member, using my name, image, likeness and also my performance in or of any SLS Activity at any time to promote the Objects of the relevant SLS Organisation(s), by any form of media. I waive any rights I might have to or in such use of my name, image or likeness by the relevant SLS Organisation(s).

**This form only needs to be completed if you would like to exempt your nipper/yourself from this Media consent. If this form is not completed, the 'Use of Image' agreement as per the SLSA Membership Application & Declaration is used.**

I give my permission for information / photos / or other media images of myself and/or my child to be published in the:

**Club Newsletter Yes / No** (please circle one)

**Club Website Yes / No** (please circle one)

**Local Media (eg. Newspaper) Yes / No** (please circle one)

**Club Facebook / Instagram Yes / No** (please circle one)

**SLSA Website/Facebook Yes / No** (please circle one)

Members Names this covers (Parent/s and Child/ren):

.....  
Parent / Guardian (if under 18):

.....  
(Name & Signature)

Date:  
.....

**PLEASE NOTE: This form only needs to be completed if your nipper has any health issues that Aldinga Bay SLSC needs to be aware of in relation to the Nippers Program.**

# **Surf Life Saving SA**

## **HEALTH INFORMATION**



GIVEN NAMES \_\_\_\_\_ SURNAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

### **MEDICAL CONDITIONS**

Does your child have any medical condition or health problem? YES / NO

If "YES", please give details of the medical/health problem: \_\_\_\_\_

Are you aware of any medical emergency which could occur? YES / NO

If "YES", please give details:

Precautions to avoid emergency \_\_\_\_\_

How to recognise emergency \_\_\_\_\_

Emergency treatment required \_\_\_\_\_

### **MEDICATION**

Does your child take any prescribed medication (including inhalers)? YES / NO

If "Yes", please give details:

Medication Name \_\_\_\_\_

Dose \_\_\_\_\_

When Taken \_\_\_\_\_

How Taken \_\_\_\_\_

Any side effects \_\_\_\_\_

Note: Any medication needed during camp should be handed to an Instructor on arrival, with written notes of your child's name, medication, dose, etc.

Has your child received a complete course of Tetanus Toxoid immunisation? YES / NO

Check details with your doctor if uncertain. Date of last booster \_\_\_\_\_

\_\_\_\_\_  
PARENTS SIGNATURE

\_\_\_\_\_  
DATE

**PLEASE NOTE: This agreement must be signed before nippers can use club boards at training. This excludes Tiny Tots who only use boards with 1 on 1 instruction by an age group manager.**

## **Nipper Board Agreement and Care Instructions**

- Wash your board with fresh water after use as salt residue can deteriorate the finish on your board over time.
- Dragging your board in the sand will wear the paint and fiberglass away. If you're a dragger, ensure that your board is protected in the drag area by taping the area.
- Your board is not a seat. Please do not sit on it whilst it is on the sand or you will damage your board or the fin.
- Wet your board every 20-30 minutes to cool it.
- On windy days secure your board down or lay it into the prevailing wind.
- Transport and store your board in a protective cover (if transporting a club board)
- When transporting on roof racks use "flat" tie down straps in preference to rope.
- Wash the board thoroughly with fresh, clean water after every use – pay attention to the handles.
- **Don't leave the board in the sun or in places where temperatures rise such as a car. Delamination can and will occur – especially at carnivals.**
- **When the board is on the beach but not in use leave the board deck down, fin up. For extended periods try to put the board in the shade or wet the board at regular intervals to keep it cool.**
- Don't sit or stand on the board while on the beach.
- If the board has been damaged do not continue to use the board – advise your age group manager immediately so it can be taken to a professional to repair as soon as possible.

Members Names this Board Agreement covers (Parent/s and Child/ren):

.....

- **I have read and understood the board care instructions and will abide by them and agree to take utmost care of any club boards that I use.**

Parent / Guardian

.....

(Name & Signature)

Date: .....

## 2023 State Government Sports Voucher

The Sports Voucher program is a Government of South Australia initiative administered by the Office for Recreation, Sport & Racing. The program provides an opportunity for primary school aged children from 5 to 15 year olds receive up to \$100 discount on sport or dance membership/registration fees. The purpose is to increase the number of children playing organized sport by reducing cost as a barrier.

Vouchers online via: <https://www.sportsvouchers.sa.gov.au/>

Please also see our website: [www.aldingabaysurflifesavingclub.com](http://www.aldingabaysurflifesavingclub.com)

### Or find us on Facebook:

Members only page: <https://www.facebook.com/groups/30542228275/?ref=bookmarks> (admin approval required and only for existing members)

Public Page: <https://www.facebook.com/AldingaBaySurfLifeSavingClub/>