

at the CLUB

SEASON 24/25 NOV 2024



FROM THE PRESIDENT

Welcome one and all to our first newsletter of the new season 2024/25.

It was great to see our Patrol season start on Saturday 12th of October with Patrols 2 and 3 keeping the beaches covered and I hope everyone is geared up for the season ahead with lots of surf, fun and competition ahead!

What a fantastic result for our wonderful Club at the Clubs SA Awards night fittingly held on the first day of patrols where our big hearted club won Small Club of the Year for the State with this not only including surf clubs but many other small sporting clubs and clubs around the state with an income less than \$450,000. We were also lucky enough to be a finalist in Sporting Club of the Year which is one of the Major Categories that acknowledges Clubs who provide outstanding and ongoing support to sport in their Community. This Award aims to promote the vital role that Clubs play in the field of sport and their ongoing commitment to supporting a healthy Community. See photo gallery and further information in the newsletter. We had Lilian Fowles as a finalist in Volunteer of the Year which was very well deserved for the countless hours she puts in to all areas of the club.

Patrols are Surveillance for the next two months (1pm to 5pm) and then Full Patrol (12 to 5pm) for December to April with January having Surveillance patrol from 5pm to 6pm as required), with the season ending on Monday 21st April. A big thank you to all the Patrolling Members for the coming season and members behind the scenes making it all come together. Please chat to Ray about rostering and remember if you are not able to make it, please try to find a substitute and advise your patrol captain.

Super excited to see the launch of our Seahorse program into the Nipper program with Tiffany Mayne leading this with Children between the ages of 7-13 years old can participate in the program with 1 on 1 support for water activities. Our Seahorses sessions will start on November 13th 2024. If you want further information please email secretary@aldingbayslsc.onmicrosoft.com or see flyer in email.



CALENDAR EVENTS

The Surf Life Saving SA calendar is available on the SLSSA website.

The calendar contains dates for all the sport, lifesaving, training courses, community programs and other important state events such as State Council meetings, Awards of Excellence and similar.

The Aldinga Bay SLSC calendar is available on the Club website.

FOLLOW US ON:

[PUBLIC page](#)

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[PATROL page](#)

[INSTAGRAM page](#)



ALDINGA BAY SURF LIFE SAVING CLUB

Norman Road Silver Sands, Aldinga Beach SA 5173
P.O. Box 269, Aldinga Beach 5173 | www.aldingbayslsc.com.au



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Registration Day was Saturday 12th of October 2024, with a massive turnout of new families joining and of course the bacon and egg rolls didn't hurt (thanks to Tiff, Taz and Scott for making that happen). If you did not make it down don't forget to get on and do it. See new or renewal membership in the newsletter for all the details on how to register new and reregister online. I will be around for the first few nippers to sign up and register as well. If you are a new member please don't hesitate to join the private Facebook Page Aldinga Bay SLSC Members to get all the information outside of the public page.

Please ensure any Patrolling member or training member needs to complete the yearly Aldinga Bay SLSC Online Induction & Member Protection form.

Sponsorship: If you own a company or know of anyone interested in sponsoring the club please get them to reach out and we can provide further information, doing this allows our volunteers to concentrate on the important task of looking after the beach and the public simply email: Sponsorship@aldingabayslsc.onmicrosoft.com

Our Club Merchandise is onsite as well as our Support base Merchandise so if you haven't already get on board for the coming season. There are two store one for Members only and Supporters.

Nippers started on Saturday 19th of October at the club and they are now already back into it with a massive bunch of kids.

Reminder: We have monthly Friday Night Social events in the operations centre at the club, so keep an eye out as it is a great time to get the club together. 1st Friday of every month from 6pm.

Please don't hesitate to reach out to me directly if you have any feedback, queries, or concerns that you would like addressed.

I look forward to seeing you on the Beach or in the club!

Nathan Amos ABSLSC President

NEW MEMBERSHIP

To join, please complete the online registration 'form' at:
www.members.sls.com.au/members/join/member-join

RENEW MEMBERSHIP (ONLINE PROCESS)

Process instructions for renewal of Membership:
www.aldingabaysurflifesavingclub.com/wp-content/uploads/2024/09/ABSLSC-Renew-Membership.pdf

Log into Members Portal to Renew Membership – SLS Members Area – Login:
www.members.sls.com.au/SLSA_Online/modules/login/index.php

NIPPER SPORTS VOUCHERS

For Nippers if you haven't used your Sport voucher for 24 please fill out and send through to Treasurer@Aldingabayslsc.onmicrosoft.com and reduce payment by the number of Vouchers you apply to your membership i.e Family membership \$345 with one voucher is \$245 payment.

Go to: www.aldingabaysurflifesavingclub.com/.../2024-Sports

URGENT! DON'T Forget!

INDUCTION

You need to get your induction completed, we need for everyone to get this done ASAP.

Please check your emails or use link below and sign it off.

www.docs.google.com/forms/d/e/1FAIpQLSc98o_GykyndSOzW0LuFtiQS8A_k5RSBTMD1loEFk4VAWII6w/viewform

SRC

Same with those doing SRC, this also needs to be completed ASAP.

Please check your emails and get it done.

MARTIAL ARTS AT THE CLUB

We wish to thank the friendly team at Aldinga SLSC for allowing us to use the concreted area out the front of the club. It's been a privilege and we really appreciate the support to our two clubs.

Cacoy Cañete Doce Pares
Melbourne & Fleurieu Peninsula
(Filipino Martial Arts)

Instagram: @master_andrea_wheatley
Facebook: Cacoy Doce Pares Melbourne
www.cacoydpmelbourne.com



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IMPORTANT DATES

Friday Night Social get together - 1st Friday of every Month

Bumbles the Clown will be attending 6th of December at 7.00pm

Patrol Dates - Saturday 12th of October to Monday 21st April 2024

Nipper Start Date - Saturday 19th of October 2024

Kozii - Sunday 2nd Nov 2024

Seahorses Start Date - Saturday 16th of November 2024

16/17 YO Life Saving Development Camp

- 11th of December to 15th of December 2024

ASRLSA Boat Classic - 23rd Feb - Aldinga

Master Boat States + U19 & U23 States Titles - Aldinga - Sat 22nd Feb 2025

Selicks Bike Race - 15th - 16th March 2025

Anzac Youth vigil - 24th of April 2025

Annual Presentation - Sunday May 25th, 2024

IRB Racing Season / Carnivals / States - TBC

Awards of Excellence SLSSA - middle of June 2024

AGM - Sunday 24th of August 2024

REMINDERS

Silver Sands Beach Club

Discount for club members.

Get 5% off all food, house wines, taps beers, and soft drinks.

BOAT RAMP BANNERS!

You may have noticed that we have some new instructional banners located at the Silver Sands and Aldinga Beach boat ramps. It is a big thank you to our sponsor Century 21 for assisting us in providing this vital community asset.

SILVER SALTIES 65+ MOVEMENT IN SLSSA

[Silver Salties](#) is a participation program for older Australians (65+ years) at Surf Life Saving Clubs throughout Australia, promoting physical activity, social connections, and involvement in the surf lifesaving community. Adults 18+ are welcome to participate, however, adults 65+ are the target audience.

Silver Salties runs Thursday 10am at the club and weekly.

We look forward to seeing you there.

Come join the fun and keep that body moving!



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JUNIORS UPDATE

As we step into the new season it is great to see how many kids we have participating again this year. The new season brings so many things and so much fun.

I am excited to announce our Age Group Leaders for this season.

Tiny Tots: Chris McElligott, Sophie Barns, Abi Hart, Justin Noble & Bec Wells.

Under 8s: Rob Prest, Mykah White & Seb Steegh.

Under 9s: Tom Barns, Angie Miller, Grace Ellis, Michelle Haynes & Claire Prest.

Under 10s: Bobbie Scadden, Alisa Veal & Rebecca Smith.

Under 11s: Jason Russell, Agatha Bucater-Negrelli & Blake Russell
(more help needed!)

Under 12s: Giuliano Negrelli, Alicia Scadden, Evie Serafin & Kate Crawley.

Under 13s: Jane Wait, Adam McKibbin & Berni Sewer.

If you are passionate about helping young people and would like to be an Age Group Leader, please contact me. I am especially seeking more adult assistance to help Jason with the Under 11s so reach out to me, Chris at: juniormanager@aldingabayslsc.onmicrosoft.com.

To learn more check out our Nipper FAQ and Handbook 24/25

www.aldingabaysurflifesavingclub.com/wp-content/uploads/2024/10/Nippers-FAQ.pdf

www.aldingabaysurflifesavingclub.com/wp-content/uploads/2024/10/2024-25_junior_parents_handbook.pdf

To be able to participate in future Carnivals, we urgently need more officials. Your contribution is pivotal, and it ensures our children can enjoy these carnivals.

The requirement to become a voluntary official is simple, it involves an online course (club-sponsored, 2-3 hours), a working with children check, and a face-to-face workshop. Please express your interest, and we'll provide you with all the necessary information.

Stay safe and see you on the beach,

Chris White: Junior Coordinator



Come n' try our new **INCLUSIVE** program

We are reaching out to families looking for an accessible beach safety program for their children that is neuroaffirming and aims to remove barriers for **young people living with disabilities**.

Run in conjunction with the ABSLSC NIPPER program.

Aldinga Seahorses

Our Seahorses program is all about fostering a positive environment where every child feels encouraged and valued as they learn and grow in the surf.

This season (2024-2025) will be our inaugural running of the Seahorse program. Our program aims to make our club even more welcoming and supportive for all members.

What is Seahorses? Seahorses is a program designed to enhance inclusivity and support at our club, particularly during our Nippers sessions. It's all about fostering a positive environment where every child feels encouraged and valued as they learn and grow in the surf.

How our program works: The program consists of 1-hour sessions that will run side by side our existing nipper program. Children between the ages of 7-13 years old can participate in the program. 1 on 1 support for water activities. Our Seahorses sessions will start on November 16th 2024.

Join online or come down on a weekend and see what we are all about...we would love to see you!

Aldinga Bay
SEAHORSES
Scan QR code
to find out
more!



ALDINGA BAY
SURF LIFE
SAVING CLUB

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GREAT SOUTHERN HALF MARATHON

Sunday 29th of September 2024

A massive thank you to everyone who helped out at the Great Southern Half Marathon! It was an amazing event with over 500 participants.

Special thanks to Claire Elizabeth and Andrew Bedford for organising everything behind the scenes, and to Dan Pain for leading our first aid team.

We appreciate Jodie Pain, Wilma Mace, Tiff, and Phillip Plagemann for their assistance with first aid. A big shoutout to Tas for running the BBQ and to helpers Kate, Jason, Bronson, and Miles for all your support. We can't thank you all enough for your contributions today team!

Was also great to see some of our clubbies compete today, and 2 of our lifesavers finishing in the top 20 runners!! Well done boys



BENDIGO BANK GRANT FOR ABSLSC

Last year we were lucky enough to get a grant from Bendigo Bank for Nipper boards \$2500 which they did a short promotion on which the Club President (Nathan Amos) discussed the grant and the benefits that will come of this.

Bendigo Bank Community Bank Fleurieu and our Wonderful Aldinga Branch have supported the club for many years and they continue to support the club with a recent grant of \$10,000 for Marquees for the club.

If you are considering changing your bank then look no further than our local Bendigo bank.

www.fb.watch/vf79LzfG4b/

Bendigo Bank

A DEPTH WITHIN - GEMTREE LONDON

What a great night at the Club on Sunday 8th of November supporting one of our very own Gemtree London who made a documentary for his Year 12 project about surfing and its affect on mental health and wellbeing with over 150 people attending.

It was a packed house at the club and all money raised at the raffle (\$1800) was donated to Beyond Blue.

Thank you again for the community to come out and support Gemtree.



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LORETTA'S AMBULANCE WISH

On Thursday the 18th of July 2024, Loretta's Ambulance Wish was fulfilled, marking a deeply touching day filled with cherished moments for her and her loved ones.

Organised by the Ambulance Wish South Australia program in collaboration with the Northern Adelaide Palliative Care Service (NAPS), Aldinga Bay Surf Life Saving Club, and Silver Sands Restaurant, the day was designed to create memories that last forever.

The club was very privileged to be involved in this personal experience and to assist where we could. We hope Loretta, Basil and family were able to share in this wonderful experience with life long memories. Well done by Ambulance Wish SA who make it happen.

Was lovely to see Loretta wish come true, being able to see the beach and hear the ocean but have fish and chips at the Silver Sands Beach Club.

Having owned a shack down the road since before our club opened in 1978 was amazing to hear and can only image the change her and the family have seen over the years.

Please consider supporting this incredible program and people like Loretta by making a donation, becoming a friend of Ambulance Wish SA, fundraising, sponsoring a wish or becoming a corporate partner. Go to: www.ambulancewishsa.org.au/donate



SURFBOAT INFORMATION

As boat captain the aim this season is to increase participation in the surfboat area.

Male and Female. Juniors, Open, Masters and Junior Parents are all welcome to come down, see what we are about, to have a go and learn more about participating in our surfboat area as a social rower or a competitor.

Come down and have a try!

Please contact:
Peter Symons 0413 316 328

YOUTH EXPRESSION OF INTEREST

Under 19yrs. Female Crew

If you are 15yrs.- 18yrs. old and are interested in rowing.

Please contact:
Lilly Gray 0476 224 884

Under 19yrs. Male Crew

If you are 15yrs.-18yrs. old and are interested in rowing.

Please contact:
Peter Symons 0413 316 328

UNDER 23yrs. N.G.S. Crew

15yrs-22yrs old and are interested in rowing.

Please contact:
Peter Symons
0413 316 328

Open and Masters Male and Female Rowers

23yrs-masters and are interested in rowing.

Please contact:
Peter Symons 0413 316 328

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SPORTING CLUB OF THE YEAR

The 'Sporting Club of the Year' is one of the Major Categories that acknowledges Clubs who provide outstanding and ongoing support to sport in their Community. This Award aims to promote the vital role that Clubs play in the field of sport and their ongoing commitment to supporting a healthy Community.

And the Finalists are:

Aldinga Bay Surf Life Saving Club
Broadview Football Club
Glenelg Surf Life Saving Club
Golden Grove Football Club
Goodwood Saints Football Club

Congratulations to Goodwood Saints Football Club on winning this for the third year in a row.

It was an honour as your president to accept this award for Small club of the Year and so grateful for the beautiful family friendly inclusive environment we have at our club. A big thank you to our membership, patrolling, supports and sponsors who all helped in making this happen for our club. The award hangs proudly in the Silver Sands Beach Club in the bar.

CLUB OF THE YEAR - SMALL

The 'Club of the Year - Small' category is for Clubs who had less than \$450,000 turnover in the 2022/23 Financial Year. This category addresses the overall operations of your Club, including the services and amenities you provide to Members and the wider Community.

Please note your 2022/23 Financial Year Statement must be submitted as part of the nomination process for Club of the Year - Small.

And the Finalists are:

Aldinga Bay Surf Life Saving Club
North Haven Surf Life Saving Club
RSL Colonel Light Gardens
The British Workingmen's Club
The German Club

VOLUNTEER OF THE YEAR

The 'Volunteer of the Year' is an individual category and is for Volunteers who have become an invaluable part of your Club. The Nominee's involvement at the Club should create a fantastic environment and greatly contribute to the Club's success.

Volunteers must be nominated by a Senior Staff Member or Board/Committee Member and cannot nominate themselves.

We were fortunate to have Lilian Fowles representing the club for Volunteer of the Year with her outstanding effort and dedication to our club in all areas and while Lilian didn't take away the prize in our eyes you are a champion and appreciate everything you do.

NOTE: Only one nominee for Volunteer of the Year permitted per Club. Each nominated finalist will receive a free ticket to attend the Gala Dinner.

And the Finalists are:

Bernie Conlen, West Adelaide Football Club
Daniel Ryan, Kilburn Football Club
Dennis Johnson, Port Football & Community Sporting Club
John Alexander, Barossa Valley Golf Club
John McInnes, Oakbank Golf Club
Josh Warne, Glenelg Surf Life Saving Club
Justin Schulze, Central Augusta Football Club
Kate Grandey, Golden Grove Football Club
Kelle Renshaw, North Adelaide Lacrosse
Kerry Harris, West Augusta Football Club
Lilian Fowles, Aldinga Bay Surf Life Saving Club
Martin Grace, Grange Surf Life Saving Club
Rebecca Paddon, North Haven Surf Life Saving Club
Sam Albanese, Renmark Club
Zofi Brzezinski, Dom Polski Arts Club



WE WON!

at the CLUB SEASON 24/25

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SPONSOR OF THE MONTH: SURF ESTEEM

Promoting good vibes and good rides, Surf Esteem has been a locally owned and operated surf store in Aldinga Beach since 2004 and Castle Plaza Shopping Centre since 2020. Both stores stock a range of surf clothing, accessories, surfboards, stand up paddleboards, bodyboards and surf hardware accessories..

Ben the Owner has been with the business since 2018 and in October 2023 purchased the business from Ben. He is an avid surfer and loves getting out locally for Surf and is a proud supporter of the Club so please support local when purchasing your surf requirements. The Business is now 24 years old which is a massive achievement this year.

Drop in and check out everything Ben has to offer and please support this local business located at: Shop 4, Aldinga Beach Central Shopping Center, Aldinga Beach, South Australia 5173.

Check out their website at: www.surfesteem.com/ or call (08) 8557 7201 and make sure you say you are a member of the Aldinga Bay SLSC or have been referred by a member so that the club benefits too.



CLUB SPONSORS

Aldinga Bay SLSC would like to acknowledge and thank our sponsors for your support.

[City Of Onkaparinga](#)

[Westpac](#)

[Government of South Australia](#)

[Fentons Conveyancing](#)

[Dhl](#)

[Office & Image](#)

[Willunga Lions](#)

[Fleurieu Exercise Physiology](#)

[Mclaren Districts Lions](#)

[Surf Esteem](#)

[Federal Government](#)

[Surf Life Saving
South Australia](#)

[Bunnings - Seaford](#)

[Aldinga Osteopathy](#)

[OJO Creative](#)

[Dominos Aldinga](#)

[South Coast Earthworx](#)

[Bennett Electrical](#)

[Day Signs](#)

[South Coast Earthworx](#)

[Southern Quarries](#)

[The Sign House](#)

[Bumbles the Clown](#)

PARTNER WITH US:

Our partnerships aim to promote our partners within the southern community and beyond. Their corporate and community identity are given a visibility that aligns strongly with the local community.

For more information on all of our sponsorship opportunities please contact:

Sponsorship / Fundraising Officer:

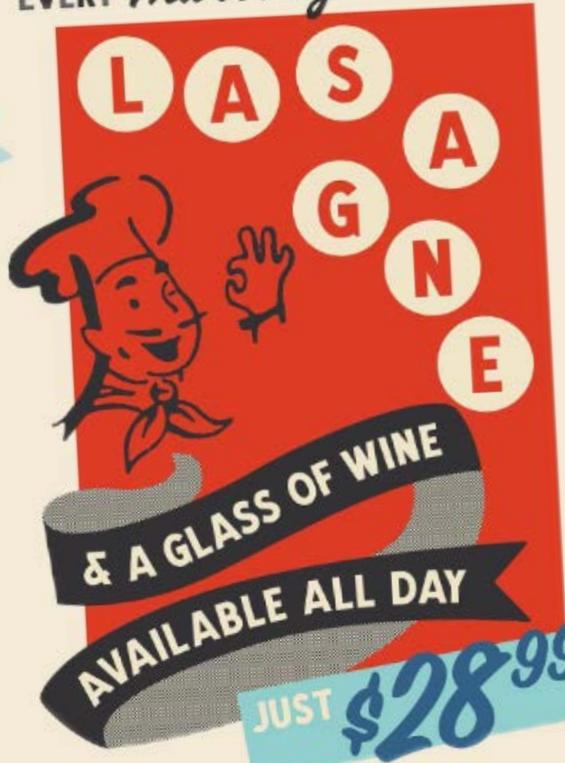
Kerryn Amos

e: sponsorship@aldingabayslsc.onmicrosoft.com

Silver Sands

BEACH CLUB
FLEURIEU PENINSULA

EVERY *Thursday* AT THE CLUB



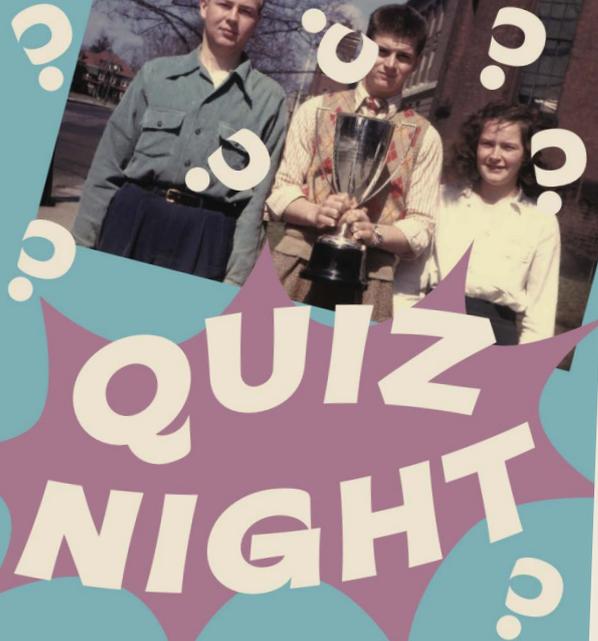
L A S A G N E

& A GLASS OF WINE

AVAILABLE ALL DAY

JUST \$28⁹⁹

FANTASTIC PRIZES TO BE WON



6:30PM EVERY WEDNESDAY
ENTRY IS FREE

Get online and Book:

Bookings can be made through our website:
www.silversandsbeachclub.com.au



**Member
Discount**

Bookings:

Bookings can be made through our website:
www.silversandsbeachclub.com.au

Contact:

E: ahoy@silversandsbeachclub.com.au
M: 0460 762 345

Opening Hours:

7 days from 12 noon – 10pm(ish)
Walk-ins always welcome but bookings preferred to ensure you get a spot!

**Member
Discount**

You must show membership card before beginning your order - this is very important. From there members get 5% off all food, house wines, taps beers, and soft drinks.

CHILD SAFE COMMITMENT STATEMENT



Our Club: Aldinga Bay Surf Life Saving Club

- is committed to the safety and wellbeing of every child and young person who takes part in our activities, programs, events or services
- is committed to providing children and young people with a positive and nurturing experience
- will support families and the community to promote the healthy development and wellbeing of all children
- will strive to ensure that children and young people are protected from abuse and harm
- will work to create an environment in which children and young people are safe and feel safe at all times
- will listen to children and young people and address any concerns that they raise with us
- will support our members and the community to report any suspicion, or concern in relation to the mistreatment, or potential mistreatment, of a child or young person will challenge inappropriate behaviour of any of its members or members of the community
- will ensure all children and young people, no matter what cultural ethnicity, language, religion or disability, shall be able to participate in surf lifesaving in a fun and safe environment will appoint a Member Protection Information Officer, or equivalent, and ensure this person is trained on the obligations and responsibilities with respect to safeguarding children and young people
- will strive to ensure that persons in a position of authority do not harm, abuse or exploit children or young people who are involved within our club
- may not ask for consent to disclose information to police or an external child protection agency in the event we have concerns about the safety or wellbeing of a child or young person.

As part of our commitment to keeping children and young people safe, our club:

- is committed to supporting parents and carers to protect their children and young people
- will offer assistance that builds on a family's strengths and make up, is sensitive to their culture and religious beliefs and empowers them to meet the changing needs of their children and young people
- is committed to communicating honestly and opening with parents and carers about the wellbeing and safety of their children and young people
- will promote and distribute information to parents and carers about our child safe commitment to children and young people as part of an introduction to our club
- endeavours to be transparent in our decision-making, with parents and carers, as long as doing so does not compromise the safety of a child/young person or breach the SLSA Privacy Policy.

This commitment was approved and endorsed by our club on:

Club President

Signature

Name: Nathan Amos

Date

Club Secretary

Signature

Name: Tiffany Scadden

Date



Membership Fee

2024/25

Family - 2 Adults and 2 Children under 18 (extra Children under 18 \$10 per child)	\$ 345.00
Active Parent and one Child	\$ 280.00
Active Parent and one Child minus Sports Voucher	\$ 180.00
Nipper parent (Associate) and one Child	\$ 240.00
Nipper parent (Associate) and one Child minus Sports Voucher	\$ 140.00
Seahorses parent (Associate) and one Child	\$ 150.00
Seahorses parent (Associate) and one Child Minus Sports Voucher	\$ 50.00
Active Member	\$ 210.00
Student	\$ 140.00
Dual Membership	\$ 80.00
Competition only Member	\$ 115.00
Associate Member	\$ 60.00
Community Member	\$ 50.00
Training only Member	\$ 265.00

Competition Fees for SA only are Covered by Membership Fee.

Competition costs outside of SA will be borne by the Competitor.

Sports vouchers need to be submitted separately and membership not processed until received

at the
CLUB

Board of MANAGEMENT



PRESIDENT

Nathan Amos

m: 0425 323 065

e: president@aldingabayslsc.onmicrosoft.com



VICE PRESIDENT

Simon Rothwell

m: 0417 812 619

e: vicepresident@aldingabayslsc.onmicrosoft.com



SECRETARY

Tiffany Scadden

m: 0402 615 211

e: secretary@aldingabayslsc.onmicrosoft.com



TREASURER

Nathan Amos

m: 0425 323 065

e: president@aldingabayslsc.onmicrosoft.com



JUNIOR MANAGER

Chris White

m: 0401 939 770

e: juniormanager@aldingabayslsc.onmicrosoft.com



SURF SPORTS OFFICER / FACILITIES MANAGER

Peter Symons

m: 0413 316 328

e: surfsportsmanager@aldingabayslsc.onmicrosoft.com

e: facilitiesmanager@aldingabayslsc.onmicrosoft.com



CLUB CAPTAIN'S

Clare Neylon m: 0411 382 226

Andrew Bedford m: 0435 597 644

e: clubcaptain@aldingabayslsc.onmicrosoft.com

ALDINGA BAY SLSC

ALDINGA BAY SURF LIFE SAVING CLUB

P.O. Box 269, Aldinga Beach 5173 | ABN 62 263 545 980 www.aldingabayslsc.com.au



Leon Bignell MP

State Member for MAWSON

Working hard for our area

PO Box 1080, Aldinga Beach SA 5173

Telephone 8556 5722

Email mawson@parliament.sa.gov.au

Nathan Amos
President
Aldinga Bay Surf Lifesaving Club

Email: secretary@aldingabayslsc.onmicrosoft.com

Dear Nathan,

I write to congratulate you on being awarded Club of the Year at the Clubs SA Clubs and Community Awards 2024.

Thank you for your important contribution in keeping our community safe on the beautiful beaches of Aldinga and for the community spirit and connection you provide to your members and visitors at the Aldinga Bay Surf Lifesaving Club.

Wishing you all the best for the summer months ahead.

Yours sincerely,


Hon Leon Bignell MP
MEMBER FOR MAWSON

October 20th 2024

Our ref: MAW362



Mobil Exxon Mid Coast Youth Amazing Race

If you happened to be at Maslin Beach on Sunday 13th October 2024, you may have come across 5 'patrol teams' of Youth from across the *Mid Coast Group of Surf Life Saving Clubs, involved in an 'Amazing Race' around Maslin Beach. Just another type of fun activity that our youth club members can be involved in.

Proudly sponsored by Mobil and with an aim to address the inclusion, retention, and development of our 13- to 17-year-olds (with some assistance from an 18–21-year-old per 'patrol') a group of around 50 youth participated in this amazing race, not only having fun but problem solving, and building leadership and teamwork skills, and friendships within each group.

Stations were located at 5 different spots across Maslin Beach with each 'patrol' team working together to undertake 2 separate first aid scenarios, team bonding exercises such that required teamwork, leadership and communication skills.

Do you want to be involved in something different like this? Something that involves sport, being active, creating friendships, become a part of a 'family' but also gives you an opportunity to support the local community? How about trying Surf Life Saving? Sport and Club Membership with a DIFFERENCE!

For further information about joining any of the Mid Coast Surf Life Saving Clubs, please visit the websites listed below.



*Mid Coast Group of Surf Life Saving Clubs:

- [Aldinga Bay](#)
- [Moana](#)
- [Southport](#)
- [Port Noarlunga](#)
- [Christies Beach](#)

Mid Coast Group of Surf Life Saving Clubs
Proudly Supported by

MobilTM

